You can break that addiction if you really want to, you can forgive that person that hurts you, you can make your marriage work, you can write that book, you can accomplish your dream, if you want to bad enough.

只要你真的想，你就能戒掉这种瘾，你可以原谅伤害过你的人，你可以让你的婚姻美满。你可以写成那本书，你可以实现你的梦想，前提是你的意愿足够强烈。

Your will is one of the most powerful things you have. You have greatness in you! Don't let people talk you out of it. Don't let circumstances convince you that you can't. There are new levels in front of you. There are great relationships, healing, promotion, abundance. My question is how bad do you want it ?

你的意志是你拥有的最强大的东西之一。你有伟大的一面！不要因为别人的话就轻言放弃。不要因为外界而怀疑自己的能力。你是有前途的。这世上有美妙的感情，创伤皆可治愈，有大好的晋升机会和丰富充裕的物质。我的问题是你得到它的意愿有多强烈？

The key to success, the key to success is to start where you are. Right where you are, not when things get better, not if things were different, not if you had what somebody else has, but start where you are.

成功的关键是从现在开始，就在你现在的位置开始，而不是等事情好转的时候，不是等到事情有变动的时候，也不是要等你拥有别人拥有的东西时，成功的关键就是从你的现在开始。

1.**break that addiction**

  戒掉那种瘾；

2.**make your marriage work**

  让你的婚姻圆满；

3.**accomplish your dream**

  完成你的梦想；

4.**bad**

  adv.很，非常；

5.**you** **have greatness in you**

  你有伟大之处；

6.**talk you out of it**

  说服你放弃；

7.**convince** [kən'vɪns]

  说服；使确信，使信服；

8.**healing**['hiːlɪŋ]

  康复；自然（祈祷）疗法；

9.**abundance**[ə'bʌnd(ə)ns]

  充裕，丰富；

10.**start where you are**

  从现在开始